

TELL THE WORLD  
Welfare • Education • Disaster • Health



## 2011 Ingathering Appeal

“Ministries of Compassion for healing the Nations”

Community Services Ministry of BARBADOS and DOMINICA



## FROM THE DESK OF THE CONFERENCE PRESIDENT

Dear Friends

New Year's greetings from the Administration, Executive Committee and the entire family of God of East Caribbean Conference of Seventh-day Adventists.

It is Ingathering time again and I want to join with the Personal Ministries Director and thank all of you for your generous contributions to the 2010 campaign and the Haiti Relief Effort.

As a result of your generosity, the East Caribbean Conference was able to donate to Haiti over BD \$300,000.00. We were also able to assist individuals and families in Barbados and Dominica with financial assistance to meet a variety of needs.

In an age of unprecedented disasters, we must always be ready to make the appropriate responses. This year's Ingathering Program provides an opportunity for each of us to make a liberal contribution to this worthy cause. It is my prayer that we will allow the Lord to guide us in this matter.

Finally, let us keep in mind that the very disasters for which we are preparing, are the signs that are to remind us of the nearness of the second coming of Jesus Christ. As we give our monetary gifts, let us also give our lives to Him in full surrender, so that He can help us to be ready for His glorious appearing.

May God bless you richly as you participate in Ingathering 2011.

Yours in Christian Service

A handwritten signature in black ink, appearing to read 'D. Beckles'. The signature is fluid and cursive, with a large initial 'D' and 'B'.

David L. Beckles

President



## FROM THE DESK OF THE COMMUNITY SERVICES DIRECTOR

Dear Friends,

Sincerest greetings are extended to you and your family for the New Year from your friends the Seventh-day Adventist.

The world watched in horror and sadness as news was broadcast on January 12, 2009 that a magnitude 7.0 earthquake had devastated Haiti. Once a clear picture had emerged of the widespread loss caused by the quake, aid agencies around the globe immediately swung into action, mobilising relief and other forms of assistance for the survivors of the quake, the worst Haiti had seen in 200 years.

Our relief organization ADRA (Adventist Development Relief Agency) has been there for over 20 years helping to develop Haiti. When the disaster struck they were one of the first there, organizing the people and addressing the medical, food, shelter and water needs.

During the impasse the churches here in Barbados and Dominica contributed over three hundred thousand dollars in a matter of days and these funds were sent to Haiti through our organization. We were able to expeditiously accomplish this feat because of your generous contributions, thank you so very much for your generous contributions.

The annual contributions that you make are used for humanitarian purposes such as these. Our social responsibility compels us to reach out to the distressed, the poor, the marginalised and the unfortunate. As a Church we contribute 90% of the funding for the Church's social and educational ministries. The other 10% is solicited from our business friends and community well wishers.

As you witness members of the Seventh – Day – Adventist Church actively engaged in the collection of funds, I pray for your assistance and support to this worthy cause. Join us as we collectively launch 'INGATHERING 2011'.

May the blessings of God flow lavishly upon your business!

Yours truly

*Colin Thorne*



01



02



03



04



05



06



Caption 01: Pastor Winston Cooke conducting a community health crusade.

Caption 02: Pastor Colin Thorne praying for the Barbados Seventh-day Adventist Secondary School Students

Caption 03: Pastor Bertrum McGregor baptising a community member

Caption 04: Sis. Andrea Beckles giving instructions to students of the Adventist Secondary School

Caption 05: Pastor Dale Haynes is training the Mega fest youth preachers in Dominica

Caption 06: President David Beckles making a contribution to the HIV/AIDS food bank.

Caption 07: The Bridgetown Seventh-day Adventist Primary School



07

# JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

- 1st New Year's Day
- 1st Family Connections Community Outreach Project
- 16th National Prayer
- 21st Errol Barrow Day (Barbados)
- 22nd Ingathering Launch



■ PUBLIC HOLIDAYS
 ■ SPECIAL DATES AND EVENTS

**Moon Phases:**
● New Moon
 ◐ First Quarter
 ◑ Full Moon
 ◓ Last Quarter

# FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

- 5th – 12th Christian Home & Marriage Week
- 13th Couples Fellowship Day



**MILLET-PEANUT BUTTER PUFFS:** (Mix well in a bowl) 3 cups cooked millet • 1/3 cup peanut butter • 2 tablespoons dried onion granules or dried minced onion • 1 teaspoon garlic salt • 1/4 teaspoon sage • 1/4 teaspoon thyme

**METHOD:** • Wet hands and shape mixture into small patties. Coat a nonstick frying pan with cooking spray. Fry patties over medium-low heat. Serve with Dressing.

Proverbs 13: 22 (NCV) Good people leave their wealth to their grandchildren, but a sinner's wealth is stored up for good people.



Caption 08: Community Services member of Castle Bruce trimming the hair of a senior citizen from the community

Caption 09: Youth assisting the community services team of Castle Bruce with the cleaning up of the senior citizen's home

Caption 10: Community Services member of Castle Bruce giving healthful instructions

Caption 11: Sis. Harette Cozier and Assistant serving hot veg. soup to the homeless outside St. Mary's Wall, St. Michael

Caption 12: Community services and pathfinders being instructed by Sis. Mona Hope before commencing the paint job in St. Andrew

Caption 13: Assistant Community services leader preparing food baskets for distribution

Caption 14: Community Service Leader and her assistant preparing to perform their duties in the community



# MARCH

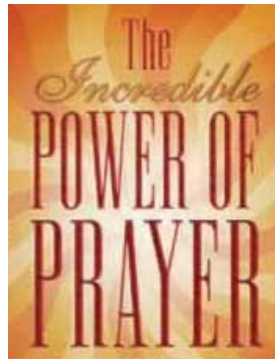
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Notes:

5th Women's Day of Prayer  
 26th Community Guest Day



  PUBLIC HOLIDAYS      SPECIAL DATES AND EVENTS

Moon Phases:  New Moon     First Quarter     Full Moon     Last Quarter

22nd Good Friday  
 25th Easter Monday  
 23rd - 30th Education Week  
 24th National Education Concert  
 28th National Heroes Day (Barbados)



**CAROLE'S DAHL:** (Put into a pot and bring to a boil)  
 • 1 cup red lentils, cleaned and washed • 3 cups water • ½ teaspoon salt • 1 teaspoon onion powder • ½ teaspoon garlic powder • 1 ½ teaspoon to 1 tablespoon cumin  
**METHOD:** Reduce heat and simmer till lentils are soft, approximately 20 minutes. Serve on brown rice.

Philippians 4: 19 (NCV) My God will use His wonderful riches in Christ Jesus to give you everything you need.



15



16



17



18



19



20



21



Caption 15: Pastor Walkes making presentation to fire victims as Community Services leader Alvin Headly and Heather Wiltshire look on

Caption 16: Roseau's Community Services addressing the needs of their community

Caption 17: Community Services members of the Roseau Church is seeking to bring comfort to the members of the community.

Caption 18: Elder Dave Murray, Elder for C/S sharing God's word with homeless in Bridgetown, Barbados.

Caption 19: Community Services member of Castle Bruce bringing food to a senior citizen from the community

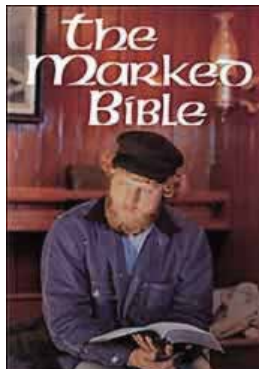
Caption 20: Castle Bruce Community Services member diligently cleaning the house of a senior citizen

Caption 21: Community Services Prison Group outside HMP

# MAY

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 2nd May Day Holiday
- 2nd Labour Day Holiday (Dominica)
- 7th Community Mother's Appreciation Day
- 14th Disaster Preparedness Day
- 21th-28th Children's Week within the Community
- 29th No Smoking Day



■ PUBLIC HOLIDAYS
 ■ SPECIAL DATES AND EVENTS

**Moon Phases:**
● New Moon
◐ First Quarter
○ Full Moon
◑ Last Quarter

# JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

- Notes:**
- 4th Reaching out to Fathers within the Community
  - 11th Reaching out to Women within the Community
  - 13th Whit Monday
  - 25th Community Guest Day



**MOCK CHICKEN:** (Blend in a blender till smooth) • 2 cups soaked garbanzos, or 1 15-ounce can garbanzos, drained • 1 ½ cups water • 2 tablespoon Bragg Liquid Aminos • 4 tablespoons Mock Chicken Seasoning • 1 teaspoon onion powder • ½ teaspoon garlic salt • Pour into a mixing bowl. Add 2 ½ cups instant gluten flour.

**METHOD:** Mix and knead for about 1 minute. Shape into a flat ball about three inches thick. Place on sprayed nonstick cookie sheet. Bake at 350 F for about 1 hour or until golden brown.

Job 41:11 (NCV) No one has ever given me anything that I must pay back, because everything under the sky belongs to me.



22



23



24



25



26



27



28



Caption 22: Personal Ministries leader Geary Graham and other members of the Cave Hill Church are presenting a gift basket to a member of the community.

Caption 23: Pastor Leslie Padmore making a financial contribution to a member of the community

Caption 24: Ministry to the residents at the St. Lucy's District Hospital, H. Cozier presenting a box containing fruit and toiletries to Inmate A. Griffith while nurse observes.

Caption 25: Janice Thorne presenting a certificate to a student who completed the community family life course.

Caption 26: Community Services members of Wesley preparing to distribute food within the community

Caption 27: Community Services members of the Wesley Church distributing food items to a member of the community.

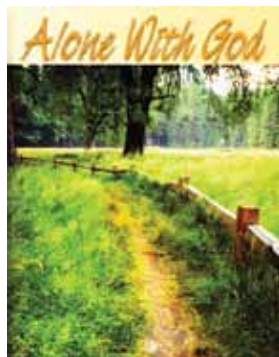
Caption 28: Graduates of a community family life course conducted by Bro. Lloyd Springer of the Beria Church, Pastor Colin Thorne was the featured speaker.

# JULY

SUN	MON	TUE	WED	THU	FRI	SAT
31					1 ●	2
3	4	5	6	7	8 ●	9
10	11	12	13	14	15 ○	16
17	18	19	20	21	22	23 ●
24	25	26	27	28	29	30 ●

9th-23rd  
24th

Youth Megafest  
Family Excursion Day



● PUBLIC HOLIDAYS    ■ SPECIAL DATES AND EVENTS

Moon Phases: ● New Moon    ◐ First Quarter    ○ Full Moon    ◑ Last Quarter

# AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 ●
7	8	9	10	11	12	13 ○
14	15	16	17	18	19	20
21 ●	22	23	24	25	26	27
28 ●	29	30	31			

1st  
2nd  
6th  
20th

August Monday (Dominica)  
Emancipation Day  
ENDITNOW (Helping the Abused)  
Community Services Day



**MOCK CHICKEN SEASONING:** • Mix well in a small bowl  
• 1 cup nutritional yeast flakes • 2 teaspoons onion powder • 1 teaspoon onion salt  
• ½ teaspoon sage • ½ teaspoon thyme • ½ teaspoon marjoram • 3 tablespoons parsley flakes, powdered in grinder or rubbed to powder between palms of hands • 1 ½ teaspoons garlic salt • 1 ½ teaspoons celery salt • ¼ teaspoon savory • Store in an airtight jar.

Luke 6:38 (NCV) Give, and you will receive. You will be given much. Pressed down shaken together, and running over, it will spill into your lap. The way you give to others is the way God will give to you.



29



30



31



32



33



34



Caption 29: Community Services members of Wesley Church making contribution to a Senior Citizen's home in its community.

Caption 30: Wesley Community Services members after distributing food items, are presenting a word from the lord.

Caption 31: Community Services members are ably preparing to distribute these items to their community

Caption 32: Community Services members distributes items as members of the community do their selections.

Caption 33: Members of Wesley are highly motivated in their food distribution to the community

Caption 34: A very pleased member of the community gladly receives food items from a member of the Community Services.

Caption 35: The Seventh-day Adventist Youths of Barbados in an appeal concert for the people of Haiti in the Jubilee Gardens at the 2010 Ingathering Launch.



35

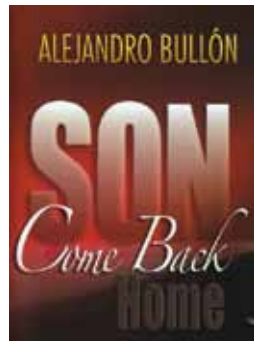
# SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 ●	5	6	7	8	9	10
11	12 ○	13	14	15	16	17
18	19	20 ●	21	22	23	24
25	26	27 ●	28	29	30	

10th Family Togetherness Day  
 18th-25th Health Week

Notes:  
 .....  
 .....  
 .....

■ PUBLIC HOLIDAYS    ■ SPECIAL DATES AND EVENTS




Moon Phases: ● New Moon    ◐ First Quarter    ○ Full Moon    ◑ Last Quarter

# OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
30	31					1
2	3 ●	4	5	6	7	8
9	10	11 ○	12	13	14	15
16	17	18	19 ●	20	21	22
23	24	25	26 ●	27	28	29

Notes:  
 .....  
 .....  
 .....



**BETTER THAN BEEF:** (Blend in a blender till smooth) • 2 cups cooked red beans, or 1 15-ounce can, drained • 1 ½ cups water • 2 tablespoons Liquid Aminos • 3 tablespoons beeflike seasoning • 1 teaspoon onion powder • ½ teaspoon garlic powder  
 Pour into a mixing bowl. Add 2 ½ cups instant flour.

**METHOD:** Mix and knead for about 1 minute. Shape into a circle about 3 inches thick. Place on a sprayed nonstick baking sheet. Bake at 350 F for about 1-1 ½ hours or until golden brown.

Proverbs 14:23 (NCV) Those who work hard make a profit, but those who only talk will be poor.



36



37



38



39



40



41



42



Caption 36: The Barbados Seventh-day Adventist Pathfinder Band marching through the community of Bank Hall taking a positive stand for the youths of the Nation.

Caption 37: One of the caregivers of the Senior Citizen's home receives the food items on behalf of the institution.

Caption 38: Chance Hall Community Services members making a timely donation to a family in their community.

Caption 39: Members of the Barbados Pathfinder Band

Caption 40: Members of the Barbados Pathfinder Band

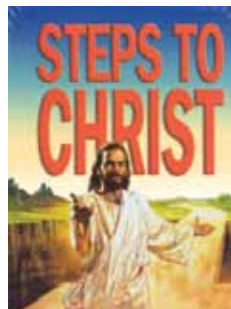
Caption 41: The Barbados Seventh-day Adventist Secondary School

Caption 42: President David Beckles, Pastor Calwood, Pastor Dayle Haynes (Youth Director of E.C.C.) and Pastor Carl Dyal (Executive Secretary of E.C.C.) celebrating the anniversary of another President's Parade along with the Adventists in Barbados.

# NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 ☾	3	4	5
6	7	8	9	10 ☽	11	12
13	14	15	16	17	18 ☾	19
20	21	22	23	24	25 ●	26
27	28	29	30			

3rd National Day ( Independence Celebration) (Dominica)  
 4th National Day of Community Service (Dominica)  
 30th Independence Day (Barbados)



■ PUBLIC HOLIDAYS    ■ SPECIAL DATES AND EVENTS

Moon Phases: ● New Moon    ☾ First Quarter    ☽ Full Moon    ● Last Quarter

# DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 ☾	3
4	5	6	7	8	9	10 ☽
11	12	13	14	15	16	17 ☾
18	19	20	21	22	23	24 ●
25	26	27	28	29	30	31

25th Christmas Day  
 26th Boxing Day  
 27th Christmas Day Holiday (Barbados)



**CARROT YAM LOAF:** • (Saute' in 1 tablespoon oil 1 medium onion – Transfer to a casserole dish and add)  
 • 1 ¼ cups grated carrot • ¾ cup grated yam • ½ teaspoon garlic powder • ½ cup ground walnuts • ¼ teaspoon basil • ¼ teaspoon oregano • ¾ teaspoon salt crumbs from 3 slices fresh whole-wheat bread • 2 cups cooked brown rice • ½ cup finely chopped fresh parsley • 1 ½ cups soy or nut milk  
**METHOD:** Mix well. Bake at 350 F for 45 minutes.

Psalms 34: 10 (NCV) Even lions get weak and hungry, but those who look to the Lord will have every good thing.

# EAST CARIBBEAN CONFERENCE CALENDAR 2012

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

## SUMMARY OF SERVICES

WELFARE	Persons helped	10,000	Cash Contributions	\$500,000.00
Secondary Schools	2	Food / Clothing	Value/Cash \$20,000.00	
University Extension programme	1	Primary Schools	4	
Welfare Units	90	Adventist Book Centre	2	
Senior Citizens Home	1	Congregations	91	

The members of the Seventh-day Adventist Church contribute about 10 to 20% of their income which is allocated primarily for the social and humanitarian work of the church. However, your further contributions in kind and finance can help the less fortunate people around the world to experience a happier and healthier way of life. Do continue to support our humanitarian appeal and may God bless you abundantly.

## OUR RADIO AND TELEVISION MINISTRY

Barbados	CBC TV Channel 8: ECC Presents – Sunday 9:00am	RADIO 'O' 100.7 FM: Reach for Life – Sunday 8:00pm
Dominica	RADIO Kairi FM: Sundays from 2:00 - 3:00pm	RADIO DBS: Tuesdays – 11:00 - 11:30am

We thank you so very much for your support. For further information, comments or gifts, contact:

East Caribbean Conference of S.D.A.

P.O. Box 233, Bridgetown, Barbados

Tel: (246) 429-7234/35

East Caribbean Conference of S.D.A.

P.O. Box 111, Roseau, Dominica

Tel: (767) 440-3841